

# Summer Feeding Menu Guide and Requirements

**SNACK requirements are: 1 Grain + 1 Protein OR 1 Grain/Protein + Juice OR 1 Grain/Protein + Milk**

We will send you a variety of snack combinations when available. Kids will love the new peanut butter and jelly squeezers

Grain Snacks – 1 Package

Animal crackers, pretzels, goldfish, cereal



Protein Snacks – 1 Package

Sunflower seeds, PB & J squeezers



Juice – 1 carton



Milk – 1 carton



**LUNCH / DINNER requirements are: 1 Packaged Meal Tray [\*\*+ 1 fruit] + 1 Milk **OR**  
 1 Meat & Cheese Sandwich + 1 Milk + 2 Fruit  
**OR** 1 Peanut Butter & Jelly Sandwich + Cheese Stick + 1 Milk + 2 Fruit**

You will receive a combination of these items when available. These create a balanced meal or sack lunch for your kids!

Packaged 3 Compartment Meal Tray – 1 Meal Chicken nuggets, beef taco, corndog



Meat & Cheese Sandwich – 1 Thaw-and-Serve Sandwich Ham and cheese, turkey and cheese, pizza sub



Fruits – 2 Fruits Applesauce, peaches, mixed fruit, dried cranberries



Peanut Butter & Jelly Sandwich – 1 PB&J Sandwich \*must be paired with cheese stick



Milk – 1 carton



**\*\* 2 compartment meal trays should be served with a fruit and a milk**

## EXTRA ITEMS you may receive

We provide condiments that go great with the thaw and serve sandwiches and meals. Kids will love the Pizza Sub with ranch dressing!

### Condiments

Ranch, Mustard, Mayo



### Bags



### Sporks

