

Kid's Café Menu Guide and Requirements

SNACK requirements are: 1 Grain + 1 Protein OR 1 Grain/Protein + Juice OR 1 Grain/Protein + Milk

We will send you a variety of snack combinations when available. Kids will love the new peanut butter and jelly squeezers

Grain Snacks – 1 Package

Animal crackers, pretzels, goldfish, cereal



Protein Snacks – 1 Package

Sunflower seeds, PB & J squeezers



Juice – 1 carton



Milk – 1 carton



LUNCH / DINNER requirements are: 1 Packaged Meal Tray [+ 1 fruit] + 1 Milk OR
1 Meat & Cheese Sandwich + 1 Milk + 1 Fruit + 1 Vegetable
OR 1 Peanut Butter & Jelly Sandwich + Cheese Stick + 1 Milk + 1 Fruit + 1 Vegetable**

You will receive a combination of these items when available. These create a balanced meal or sack lunch for your kids!

Packaged Meal Tray – 1 Meal
Chicken nuggets, beef taco,
corndog



Meat & Cheese Sandwich – 1
Thaw-and-Serve Sandwich
Ham and cheese, turkey and
cheese, pizza sub



Fruits – 1 Fruit
Applesauce, peaches, mixed
fruit, dried cranberries



Vegetables – 1 Vegetable
Vegetable juice, green
beans, carrots, peas

Peanut Butter & Jelly Sandwich – 1
PB&J Sandwich
*must be paired with cheese stick



Milk – 1 carton



**** 2 compartment meal
trays should be served
with a fruit and a milk**

EXTRA ITEMS you may receive

We provide condiments that go great with the thaw and serve sandwiches and meals. Kids will love the Pizza Sub with ranch dressing!

Condiments

Ranch, Mustard, Mayo



Bags



Sporks

