

Allowable Medical Expenses for SNAP Application Expenses & Deductions



SNAP allows households to deduct unreimbursed medical expenses over \$35 per month from their income in calculating their net income for eligibility purposes. The medical expense deductions listed below and verified by the Oklahoma Department of Human Services (DHS) can often increase the amount of SNAP benefits received.

Please use this worksheet to select actual expenses you have in your household, and then write the dollar amount for each expense. DHS determines what deductions are appropriate based on their review of each individual application and proof provided.

1. Medical and Dental Care

- This includes psychotherapy and rehabilitation services provided by a licensed professional or qualified health professionals authorized by State law
- Charges may include (not limited to) office calls, hospital visits, house calls, special treatments, and chiropractic services

Dollar Amount:
\$

2. Hospitalization or Outpatient Treatment, Nursing and Home Nursing Care

- This includes payments by the household for a person who was a household member immediately prior to entering a facility
- Charges may include (not limited to) room and board charges, drugs / medical supplies, therapy, surgery, and tests

Dollar Amount:
\$

3. Medication, Medical Supplies, and Medical Equipment

- Medical Supplies and Equipment:** When a client purchases or rents medical equipment or supplies, these costs may be deducted. The household must show that a licensed or qualified health professional approved the item as part of a prescribed treatment plan.
- Medications:** The cost of prescription or over-the-counter drugs may be a countable medical expense. Include only the cost paid by the household, not what is paid by the insurance company. Examples include but are not limited to:
 - Aspirin for arthritics,
 - bandages and gauze for surgical patients,
 - syringes or needles for injecting prescription medicine,
 - crutches,
 - wheelchairs,
 - hospital beds,
 - colostomy bags, or
 - portable oxygen tanks.

Dollar Amount:
\$

Dollar Amount:
\$

4. Health, Dental, and Hospitalization Premiums

- Insurance policy premiums are eligible for deductions

Dollar Amount:
\$

5. Medicare Premiums and any Cost-sharing or Spend-down Expenses Incurred by Medicare or SoonerCare (Medicaid) recipients

Dollar Amount:
\$

6. Dentures, Hearing Aids, and Prosthetics

- This includes devices such as corrective braces worn on the limbs, orthodontic braces, and cost of hearing aid batteries.

Dollar Amount:
\$

7. Eye Glasses and Contact Lenses Prescribed by a Licensed Ophthalmologist or Optometrist

Dollar Amount:
\$

8. Service Animals

- Deductions are allowed for costs associated with any service animal specially trained to serve the needs of a person who is elderly or has a disability. All costs associated with the animal's care such as food, veterinary bills, and medicines are deductible.

Dollar Amount:
\$

- If the animal has not been specially trained, it is not a service animal, and you cannot deduct its expenses. Specific types of training, credentials, or certifications are not required, but the animal must be specially trained to perform a function that the person who is elderly or has a disability is not able to readily perform on their own.

9. Reasonable cost of Transportation and Lodging to Obtain Medical Treatment or Services

Dollar Amount:
\$

- Transportation costs to obtain medical treatment are deductible and include use own vehicle, public transportation, or by a non-household member.
- Lodging expenses allowed when the member must spend the night away from home for medical services.
 - Requires proof of medical treatment and receipts of the lodging expense; does not include meals or other incidentals.

Dollar Amount:
\$

10. Maintaining an Attendant, Homemaker, Home Health Aide, Child Care Services, or a Housekeeper

Dollar Amount:
\$

- Maintaining an attendant, homemaker, home health aide, child care services, or a housekeeper is allowable if necessary due to age, infirmity, or illness.

Grand Total Dollar Amount: \$ _____

If the Grand Total Dollar Amount exceeds \$35.00, you may claim these amounts as Medical Deductions on your SNAP Application. Please work with your assigned DHS representation on any required supporting documentation needs to complete the application process.



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