

STUDENTS AGAINST HUNGER

EMAIL TO PARENTS

Dear (insert name),

One in six Oklahomans struggles with hunger every day. We need your help to raise food and monetary donations from (date) to (date) as part of the Students Against Hunger Food and Fund Drive. This year, our goal is to raise (insert your school goal here). All of the food collected will stay local to help our community.

Together, we can solve hunger. To make a food donation, bring in-date canned food donations to (insert locations here). Most needed items include: canned meat, canned vegetables, canned fruit, peanut butter, and beans and rice.

Every dollar donated to the Regional Food Bank of Oklahoma will provide five meals to our hungry Oklahoma neighbors. You can also make online gifts at [feedok.org](https://www.feedok.org). When you check out online remember to write (your school name) on the form so the gift is counted toward our food and fund drive goal.

A school pantry coordinator recently shared this story with the Regional Food Bank:

"We had a student who was very stressed about having to be a breadwinner for the family. She worked a lot of hours while trying to study for semester exams. Because our school pantry was able to provide food to her, she was able to cut back her hours at work and had more time to study time for classes. This 16- year-old was almost in tears when she was offered help for her large family."

Facts about hunger in Oklahoma:

- Over 650,000 Oklahomans risk hunger daily.
- 1 in 4 children in Oklahoma will go to bed hungry tonight.
- Currently, the Regional Food Bank is distributing enough food to feed more than 126,000 people each week – 37 percent of which are children.
- The majority of those served by the Regional Food Bank are struggling seniors, chronically hungry children and hardworking families.
- The Regional Food Bank partners with more than 1,300 charitable feeding programs and schools in 53 counties in central and western Oklahoma.
- Last year, we distributed more than 52 million pounds of food - enough for more than 43 million meals.

To learn more about the Regional Food Bank:

- Watch video about hunger: [youtube.com/regionalfoodbank](https://www.youtube.com/regionalfoodbank)
- Follow the Regional Food Bank on Facebook (@regionalfoodbank) and Twitter (@RFBO)
- Visit our website: <http://www.regionalfoodbank.org>