OKLAHOMA'S 3RD CONGRESSIONAL DISTRICT

$1 IN SNAP BENEFITS GENERATES $1.70 OF ECONOMIC ACTIVITY

THE AVERAGE SNAP BENEFIT PER PERSON PER MEAL IS $1.33

SNAP STATISTICS OK 3RD DISTRICT

- 32,404 households received SNAP
- Of those households, 55% have children
- The median household income of these receiving SNAP is $20,553

# HUNGRY PEOPLE # HUNGRY CHILDREN

IN OK 3RD DISTRICT: 117,670 41,690
IN OKLAHOMA: 635,740 218,770

IMPACT OF THE OKLAHOMA FOOD BANKS IN 2018

- 1920 programs, agencies and school partners in Oklahoma
- 77,342,833 pounds of food distributed
- 64,452,360 meals distributed
- 616,055 served

For more information about hunger in Oklahoma, contact us at 405.600.3129 or advocate@regionalfoodbank.org.
Sources: Feeding America, US Census Bureau, USDA, Oklahoma Department of Human Services, and Oklahoma State Department of Education.
In 2017, nearly 1 in 6 Oklahomans (15.8 percent) were living with income below the poverty line.

OK 3RD District SNAP median household income:

$20,553

LAURA

Laura worked hard her entire life. For a time, she worked 20-hour days to support herself and her young daughter after they were abandoned by her husband. “When you are raising a child you do what you gotta to do. You have to make ends meet.” Laura currently lives in subsidized senior housing, is on a fixed social security income. “The Food Bank really helps. It gives us the extra we need when we don’t have enough food, and we don’t have the money to go buy it. The Food Bank really helps us get through to the end of the month.”

RAY

Ray and his wife live in the Veterans Colony near Wilburton, OK. It is a beautiful, but remote area. Ray served in the army and his wife is now deployed in the Army National Guard. Like many of the veterans living in the Colony, Ray is unable to work and relies on disability income. “It gets pretty thin from check to check. We live out here in the middle of nowhere, it’s beautiful, but to get from one place to another it takes a lot of fuel. We spend a lot of our money on gas. The food is a tremendous help when you need a little extra to get you through.”

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